



## Monday Update

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### Using the Available Resources

#### Want to Become a First Year Studies Peer Mentor?

Applications will be available online January 12th - February 13th. You can access it on the Student Success Center website.

#### Thought for the Week

To accomplish great things, we must not only act, but also dream, not only plan, but also believe.

*Anatole France*

Most of your questions can be answered and problems solved, if you go to the appropriate person or office. You, however, must take the initiative and ask for the help you need.

UT provides a wide variety of services in order to help you get the most out of your college experience. Check your catalog, the website and meet with your academic mentor to learn about the services available to you at UT. Below are a few places to start with:

#### [Student Success Center](#)

Our goal is to provide the support students need to be successful at UT. Meet with your Academic Mentor for available resources you may need, study skills, and time management.

#### [Academic Advisor](#)

Advisors are available to help you choose a major, select your courses, plan your program, etc. You should see your advisor at least once every term.

#### [Counseling Center](#)

The counseling center provides free, confidential counseling. If you have a personal problem or concern the Counseling Center staff is there to meet your needs.

#### [Disability Services](#)

If you have a physical disability or learning disability contact the disability services office as soon as possible. They will see to that you get the assistance you need.

#### [Student Health Services](#)

Student Health Services provide a number of medical services which include: Health Education, Primary Care, Immunizations, and Laboratory Services. For all things health related contact Student Health Services.

#### [Tutorial Services](#)

Whether looking to connect with an individual tutor, wanting to visit a tutorial center, or unsure of what help is available for a particular class, the new Departmental Tutoring and Academic Resources page located on the Student Success Center Web site will help direct all students to resources available on the University campus.

### Campus Announcements

**February 10th**

**Educational  
Advancement  
Program**

**Strategies for  
Success Workshop**

**2:00PM-4:00PM**

**February 12th**

**Career Services**

**Dining Etiquette for  
Engineers**

**5:00PM-7:00PM**

**UC: Hermitage Room**

**February 13th**

Last Day to Drop with  
"WP/WF" grade  
First Session Only