

MONDAY UPDATE

Volume 2, Issue 4
 September 8, 2008

GOAL SETTING

Job, Scholarship and
 Volunteering
 Opportunities

Minority Student Affairs Employment Opportunities

We are still accepting applications for Student Assistants and Tutors (graduate and undergraduate) to work in the Office of Minority Student Affairs. [Please visit our website for applications.](#)

Apply today!

Torch Night

Torch Night began in 1925 as a symbolic passing of the Torch of Preparation from the senior class to the freshmen class. It is an event that no true Volunteer should miss. Interim Chancellor Jan Simek and other key academic and administrative personnel will join us and be recognized at this occasion.

Goal setting is a powerful process for thinking about your ideal future, and for motivating yourself to turn this vision of the future into reality. The process of setting goals helps you choose where you want to go in life. By knowing precisely what you want to achieve, you know where you have to concentrate your efforts. You'll also quickly spot the distractions that would otherwise lure you from your course.

More than this, properly-set goals can be incredibly motivating, and as you get into the habit of setting and achieving goals, you'll find that your self-confidence builds fast. Every decision starts with the end: what you wish to accomplish by making the decision. You must ask yourself why a decision is necessary and what you wish to achieve by making it. The only way to make an

appropriate decision is to know your goals. You need to consider both short term and long term goals.

A Quick Tip for Goal Setting

- * Identify your goals to help make decisions
- * Consider and assess the alternatives
- * Make and carry out the decision
- * Consider the outcomes
- * Reconsider your goals and options

CAMPUS EVENTS

September 8

NSBE: Resume & Interview Skills Workshop

Resume and Interview Skills Workshop in preparation for the Career Fair and Bowling with the Bosses. They will review your resume, give you important interview skills, and teach you how to interact with companies in a social setting.
 UC Suite 221, 5:00-6:00 PM

September 10

Torch Night

One of the University of Tennessee's oldest traditions will be observed at the Torch Night Ceremony scheduled for September 10, 2008 at Thompson-Boling Arena. The program will begin promptly at 6:00 PM

September 11

Educational Advancement Program

Strategies for Academic Success Workshop
 "Negotiating with Faculty"
 3:00PM-5:00PM
 UC Room 237